



Courier

BLUE MOUNTAIN LAKE CLUB

SUMMER 2018

Volunteer Spotlight

by Laurie Gonzalez CMCA, AMS, PCAM, Community Manager

Please join me in sending out a great big THANK YOU to our Volunteer of the Quarter, Blue Mountain Lake Club's resident Zumba instructor, Lisa D'Arrigio.

In 1997, Lisa and her husband John were looking for a place outside of New York city that they could retreat to from their hectic work weeks and Blue Mountain lake was just that place ("A beautiful community and a great opportunity"). They found a scenic lot and began building their weekend oasis. Soon after, Lisa's mother and aunt followed suit and built their homes right next door.

Lisa has worked full time in the Regulatory Compliance sector of the Manhattan financial district for over 30 years. In 2010, with her daughter now in college and her husband travelling for work, Lisa took her first Zumba class to decompress from her high-pressure job and to give her something to do in the evenings. Lisa fell in love with Zumba right from the beginning. She met some great people, had tons of fun and was thrilled with her new-found energy. In 2011 Lisa decided to challenge herself and earn her Zumba instructor license and in 2013 she began teaching Zumba.

In 2015, Lisa brought her Zumba classes to Blue Mountain Lake, offering free classes to any Blue Mountain Lake resident (in good standing) on Saturdays and Sundays at the BML clubhouse and this year, she has introduced Aqua Zumba at the Blue Mountain Lake pool on Saturday evenings from 7:00 pm to 8:00 pm. Lisa's dedication to the members of BML who take her classes is amazing. For each one-hour class there are 15 songs and 15 different types of choreography that she must prepare. Where does she find the time to put these lessons together? "I study music and watch videos on the express train to work" said Lisa.

Lisa is filled with energy and loves volunteering her time to make others feel good. During our conversation, I told Lisa that I wasn't coordinated enough to take Zumba and her answer was "Make fun of yourself, enjoy yourself and just shake your booty for fitness and feel great!"

Thank you, Lisa, for bringing such positive energy to Blue Mountain Lake and for all you do for so many!

P.S. Lisa wanted to make sure that I mention BML resident Stephie Wyler (who Lisa has been mentoring). Stephie earned her Zumba instructors license a year ago and fills in for Lisa when she is unavailable.



Earth Day Community Clean Up April 21, 2018



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President's Message

by Steve Melnick, BMLC Board President

With the long hard winter finally past us, it is great to see the spring colors and freshly mulched and planted common areas throughout Blue Mountain Lake. Most of our storm damage repair work has been completed and our 2018 Capital projects have started.

Our Management team has been working hard on our Capital Plan projects. The clubhouse, pump house and pole barn buildings all had new roofs installed.

Other completed Capital Plan projects include the lake-side landscaping project, a new landscape design to the right of the guard booth (required due to storm damage), resurfacing of Pool #1, new fencing around the Daffodil Basin and lighting upgrades to the club house, mail pod, gazebo and maintenance buildings.

Our recently established Amenity/Event Committee has been hard at work. They are in the process of reviewing the possibility of adding a community gym to our amenities. The pool party last year was so well received, the BMLC will be throwing two pool parties this year.

A new event for 2018 will be "Music by the Lake." This will be a four-event series of live music at the Gazebo on select Saturday nights in June, July, August and September. Anyone interested in joining this committee should contact the BMLC office. They are always in need of new ideas and volunteer help.

I look forward to a great summer season at Blue Mountain Lake!

The strength of our community comes from our membership. I encourage all members to get involved. Run for a Board seat, join a committee or bring suggestions to your Board and management team.

Together, we will continue to enjoy living in one of the most desirable communities in the Poconos.

Do you have what it takes to be a BMLC Board Member?

If you're considering running for the BMLC Board of Directors, take a few moments to ask yourself the following questions:

1. Do I have the time?

As a BMLC board member, you will need to devote at least several hours of your time each month to Association business. In addition to regular board meetings, you will need to be active in email discussions and occasional special meetings. During special projects, you may need to spend a little extra time on Association business. Some board members may also spend a little more time than others if they work with a committee. Some committees include: Design Review, Finance, Safety, and Events just to name a few! You don't have to participate in every committee, but should pick one that you want to be involved in.

2. Can I make tough decisions when it's required?

The primary role of the BMLC board is to protect, enhance and maintain the Association. This doesn't just mean approving the budget, but also developing and enforcing policies. Board members are required to step outside their immediate circle of family and neighbors and make decisions based on the greater good of the community. Not every member is going to like the decisions that the board makes. You may have to make some tough and unpopular decisions. But, you and the rest of the board have the best interest of the entire community in mind when you vote on every issue.

3. Can I do all this and have fun too?

It isn't all about policies and tough decisions. Our community is only as good as we make it, and establishing and maintaining a sense of community is a part of a BMLC board member's responsibilities. Planning and attending functions such as social events, the annual membership meeting, and having a presence in the community are as important as any policy decisions you make.

Being a BMLC board member can be frustrating at times, but it may also be one of the most rewarding ways you'll find to volunteer your time. If you're interested in running for the board or would like more details about your board member's responsibilities, please do not hesitate to contact your Community Manager or a current board member.

- Candidate Packets will be available at the Office, on our website, and via email (by request) starting August 15, 2018.
- Annual Meeting: Saturday, November 10, 2018; 1:00pm Clubhouse

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BML Survey Results

Hello BML Neighbors!

Thank you to everyone who participated in the *Have Your Voice Heard Blue Mountain Lake Amenities Survey*. We had close to 150 unique responses with lots of great feedback. The fitness center idea generated the most positive response with 58% of all respondents saying it was their #1 choice.

The weighted ranking results are shown below along with the percentage of #1 responses for each choice.

OPTION	RANK
Fitness Center	1
Lake Enhancements	2
Enhanced Trails	3
Dog Park	4
Other	5

Priority #1

144 Unique Responses

Fitness Center	58%
Lake Enhancements	13%
Enhanced Trails	7%
Dog Park	12%

You may have already noticed that the Board has already started making improvements to the lake. The docks have been revitalized and the area has been spruced up. We are also taking pictures of the trails and determining feasibility of all the great suggestions to improve them.

To get started on the fitness center, we need more feedback from you. We need to know what you want out of such a facility and how much you might use it. So, we have started another survey to find out.

Visit <https://survey.sogosurvey.com/r/PBP0IK> or scan the QR code here and complete our quick interests survey.

Thank you again for taking the time to help make the Blue Mountain Lake community better!



Courier

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Architectural Controls

Approval Ensures Conformity and Promotes Property Values

The Blue Mountain Lake Club's governing documents require that the Association (BML) approve all proposed architectural and/or exterior changes before any work is started. The importance of this requirement cannot be overstated when you consider the reason for such a restriction.

Membership in a community association requires compliance to pre-existing conditions and regulations. One of the biggest advantages of these conditions is the protection of our property values. The value of your home is directly related to the condition, appearances and aesthetics of our community. By regulating the kind and types of architectural changes that can be done, our Association is better able to maintain our property values.

Getting your Association to approve all proposed architectural changes is not just a good idea to protect your investment, it is a requirement! If you have questions, please do not hesitate to contact the Office at 570-421-2129.

What improvements require a permit?

- Tree removal
- New deck
- New roof
- Exterior painting of home
- New landscape design
- Retaining walls
- Driveways
- Solar Panel installation
- In-ground pools (no above ground pools are allowed in BML)
- Additions
- Sheds

The Accessory Building Permit Application can be found online (www.bluemountainlake.com) or a copy can be picked up at the office.

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Protecting Your Property Values

One of the biggest advantages of living in a common-interest development is the ability of the Association (the Blue Mountain Lake Club) to preserve, protect and enhance property values.

But, just how does the Board of Directors guide the Association to perform those duties?

Often, we think of the Association as a collection of rules and regulations limiting personal freedoms and individuality. But, it is those same rules and regulations that *protect, preserve and enhance* the investment each of you have in your home.

If you dust off your copy of the CC&R's (Covenants, Conditions and Restrictions) and re-read them, you will see that the Board of Directors have a pretty precise blueprint on how to protect your investment.

First and foremost, the Association is not just made up of the Board, Committees and a few interested owners. It was established as a corporation in which ALL owners (in good standing) are members. What that means is that as an owner you have committed yourself to become business partners with every other owner in the community.

But, in order to achieve the primary goal of the Association (*to preserve, protect and enhance property values*) certain Covenants, Conditions and Restrictions (CC&R's) had to be

established in order to achieve that goal. In those CC&R's, the Board is given the authority to establish *Rules & Regulations* that complement the Association's purpose. When you follow the CC&R's and the Rules and Regulations, you are doing part of your duty as a member of the Association.

Architectural controls and guidelines and the procedures for gaining architectural approval were established in order to promote aesthetic conformity and eliminate architectural changes that threaten the investment other members have in the Association. By following the architectural guidelines and obtaining approval from the Association before any exterior architectural changes are made, you are doing part of your duty as a member of the Association.

The Blue Mountain Lake Club Board of Directors is given the charge of overseeing the operations of the Association and to see to it that the CC&R's and Rules & Regulations are followed by the Association's members. The Board is made up of owners, other members just like you. They volunteer their time and energy to serve the Association because they care about the investment they have in it. Committees are formed to assist the Board with their charge. These committees are made up of volunteer owners, just like you. When you volunteer to serve on the Board of Directors, or you volunteer to serve on a committee you are doing part of your duty as a member of the Association.

Assessments are necessary to protect and maintain your community assets and to help provide professional management to assist the community. When owners fail to pay their assessments on time, the Association may not be able to meet its financial obligations. The result: The degree of property value protection the Association provides is reduced. In other words, even one owner who does not pay their assessment on time can adversely affect how Association business is conducted. When you pay your assessment on time, you are doing part of your duty as a member of the Association.

Finally, the Blue Mountain Lake Club Board of Directors meet on a regular basis to make business decisions. As owners, keeping yourself abreast of association matters by reading the minutes of these meetings on the Blue Mountain Lake Club website(s) and attending the quarterly Open Member meetings, you are doing your part as a member of the Association.



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What's Happening

Community Meetings & Board Election

Board of Directors:

Candidate Packets Available

Beginning Tuesday, August 15, 2018

Packets will be available on the website as well as at the office

Open Member Meeting

Saturday, September 8, 2018

11:30am at the BMLC Clubhouse

Board of Directors:

Return of Candidate Packet and Resume

Monday, September 17, 2018, no later than 4:00pm

PLEASE VOTE!

The cutoff to be a member in good standing to vote in the 2018 Board of Directors Election: Monday, October 15, 2018, 4:00pm

Annual Meeting

Saturday, November 10, 2018

1:00pm at the BMLC Clubhouse

Community Events

Music by the Lake Series

Location: Lakeside Gazebo

- Saturday, June 16, 2018: 7:00pm-10:00pm
- Saturday, July 14, 2018: 7:00pm-10:00pm
- Saturday, August 18, 2018: 7:00pm-10:00pm
- Saturday, Sept. 15, 2018: 7:00pm-10:00pm

Pool Parties

Location: BMLC Pools and Spray Park

- Saturday, July 21, 2018: 1:00pm-4:00pm
- Saturday, August 18, 2018: 1:00pm-4:00pm

Fall Festival

Location: Lakeside Gazebo

Saturday, October 20, 2018

Please Pick Up After Your Pet

It doesn't take much to remember that we have pets in the community. In fact, if you don't watch your step, you're liable to step in one such reminder!

Besides being unsightly and smelly, animal waste can be hazardous to the health of our children who play in the community and other pets. One of the most common forms of disease transmission between dogs is through their droppings.

When walking your dog in our community, remember that it must be leashed. Also, it is important to immediately clean up after your pet. Take along a baggie to pick up the droppings with and then dispose of it properly.

By taking a few simple steps to clean up after your pet, you are contributing to the beautification of the Blue Mountain Lake community, and helping eliminate one of the most irritating nuisances. Thank you for your cooperation!



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BML Resident Jaden Harper Advances to Jr. NBA Regional Competition

On February 17, 2018, more than 90 young players competed in the local Jr. NBA Skills Competition held at Stroudsburg High School. The challenge consisted of a display of dribbling, shooting and rebounding skills. Twelve winners, six boys and six girls, earned the opportunity to move on to compete in the Regional Competition in New York City on March 25, 2018.

Winners of the Regional Competition receive an expense paid trip for two to compete in the National Finals during the NBA Draft this June in NYC.

Our own Jaden Harper came in third in the largest category, boys 11 and under, which had 44 competitors. Jaden is a fifth grader at Stroudsburg Middle School. He is in the gifted and advanced program and achieved high honor roll in each marking periods during the school year. He is the son of Michelle and Steve Harper Sr.

Jaden Harper, left, with Jake Bostwick (2nd place) and Julian Barner (1st place)



Storm Water Management Maintaining Your Culverts

By Laurie Gonzalez, Community Manager

- **What is storm water?** Storm water is water from precipitation such as rain, sleet, or melting snow.
- **What is storm water management?** Storm water management involves the control of surface "run off" from precipitation.
- **Why is storm water management so important?** Storm water management is important to prevent physical damage to persons and property from flooding to maintain the ecological integrity, quality and quantity of our water resources. Storm water can also be considered a resource that provides benefits such as groundwater recharge and flood protection. Storm water management also assists with the reduction and prevention of many different sources of pollution, which enter our local waterways.

Maintaining your Culverts

A blocked culvert can do damage to not only your residence but also your neighbor's. Buildup of sediment from a blocked culvert pipe slows water flow which can affect our lake. Water damage to property or dwellings can be very costly to repair. A thorough inspection will eliminate these unnecessary costs. Maintenance to your culvert and culvert pipe should be done in the fall and spring. Following the procedures below will keep the water flowing cleanly and freely.

- **Cleaning your culvert:** Remove obstructions inside of the pipe. Check upstream and remove any dead branches, dead trees, high weeds or grasses and any other types of debris such as cups, bags, cans, etc. that will obstruct the pipe and flow of water. Cut vegetation that might block the flow at the inlet and the outlet. Remove any soil sediment or add soil and grass seed so the ditch bottom is level with the inlet of the pipe.
- **Repairing your culvert:** Repair any headwalls where stone was displaced. Repair loose stones with mortar. Fill the area above your culvert pipe (driveway entrances) if it is starting to depress. If you have old steel corrugated pipe, check for rotting metal at the bottom of the pipe. Rotted piping can collapse with heavy traffic driving over it. If the pipe is rotted, make arrangements with a contractor to have it replaced with a new smooth inner wall PVC pipe (Association permit required).

CHILDREN AT PLAY

Summer is in full swing, and for many of our youngest residents that means they have the freedom to play outside to their heart's content (or at least until mom or dad call them back inside). While we encourage kids to enjoy summer to the fullest, we also want everyone to stay safe. Here are a few guidelines to make sure these school-free months go smoothly:

- Make sure your children are proactive about their safety. Whether they're playing at a park, swimming at a pool or riding their bikes around the neighborhood, it's important that kids understand what types of injuries could occur during these activities and how they can best avoid them. If an injury does occur, your kids need to know what actions to take—such as alerting a trusted adult or, in the case of a true emergency, calling 911.
- Supervise your kids at the pool. While it's always a good idea to keep an eye on your kids, it's particularly important to make sure your children have adult supervision while they're in the water. It only takes a second for even good swimmers to find themselves in a dangerous situation, so it's vital that kids are supervised by someone who knows the signs of a distressed swimmer. To learn about how you can keep your family safe at the pool, visit www.poolsafety.gov.
- PLEASE slow down while driving through the neighborhood!** All residents should take note of this rule. With children out and about in full-force during the summer, you're more likely than ever to see a distracted kid chasing after a run-away baseball on the streets. So slow down, be extra aware of what's going on around you, and be prepared to stop suddenly if a child runs out into the road. Parents should remind kids that they have a responsibility to be aware of oncoming cars as well, and to be extra careful when they are on the street.
- Remind older kids to check in with you when they're playing without adult supervision. When kids are out on their own, it's easy for them to forget to let their parents know they're okay. So, establish a set of rules,

such as checking in every few hours or whenever they change locations, and be firm about enforcing them. If your child has a hard time remembering to give you a call every so often, it might be helpful to have them set an alarm on their cell phone or watch so they don't forget. It's a great way for kids to build a sense of independence and for you to know they're safe even when they're not within sight.

While the summer can present many hazards, there's no reason your kids can't come out of it unscathed (notwithstanding a few minor scrapes, bruises and bug bites, of course). To learn more about how you can keep your kids from getting hurt this summer, visit www.cdc.gov/features/KidsSafety for a list of great articles. Stay safe and enjoy this wonderful season.

Blue Mountain Lake Rules and Regulations

#50: The use of Fireworks is Prohibited in Blue Mountain Lake

Violation of this rule carries a \$300 fine.



Local July 4th Celebrations:

Dansbury Park, East Stroudsburg

July 3 (3pm-9pm) - AND - July 4 (3pm-11pm)

Free admission, live music, craft/merchandise vendors, food, amusement rides, prizes, exhibits, demonstrations. Fireworks on the 4th (at dusk).

Shawnee Mountain Ski Resort

Wednesday, July 4 - Gates open at 7:00pm

Fireworks at dusk. Outdoor DJ, Uncle Sam stilt walker, magic show, food and craft vendors. Plenty of slope-side seating is available. Bring your own blanket/chairs and claim your spot on the hill. Parking: \$10/vehicle benefits the Shawnee Volunteer Fire Company. Coolers, outside food, pets, alcohol, weapons, fireworks are not permitted.



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Fitness & Wellness Schedule

Date	Time	Class
Saturday, June 23	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, June 24	9am-10am	Zumba
	10am-11am	Yoga
Saturday, June 30	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, July 1	9am-10am	Zumba
	10am-11am	Yoga
Saturday, July 7	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, July 8	9am-10am	Zumba
	10am-11am	Yoga
Saturday, July 14	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, July 15	9am-10am	Zumba
	10am-11am	Yoga
Saturday, July 21	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, July 22	9am-10am	Zumba
	10am-11am	Yoga
Saturday, July 28	9am-10am	> NO CLASS
	7pm-8pm	> NO CLASS
Sunday, July 29	9am-10am	> NO CLASS
	10am-11am	Yoga
Saturday, August 4	9am-10am	TBD
	7pm-8pm	TBD
Sunday, August 5	9am-10am	TBD
	10am-11am	Yoga
Saturday, August 11	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, August 12	9am-10am	Zumba
	10am-11am	Yoga
Saturday, August 18	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, August 19	9am-10am	Zumba
	10am-11am	Yoga
Saturday, August 25	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, August 26	9am-10am	Zumba
	10am-11am	Yoga
Saturday, Sept. 1	9am-10am	Zumba Toning
	7pm-8pm	Aqua Zumba
Sunday, Sept. 2	9am-10am	Zumba
	10am-11am	Yoga

Class dates and times are subject to change; check the BML Facebook page for updates.



Lap swimming is available at the Pool on Saturdays from 7:00pm to 7:45pm beginning June 9, 2018.

To participate, please call the office to sign up: (570) 421-2129. Space is limited.

Fitness & Wellness News

By Lisa D’Arrigo

I’m so excited to announce that we have a new instructor who has volunteered to provide Zumba classes at the BML Clubhouse. Please join me in welcoming Stefie Wyler to the BML Fitness & Wellness family. Stefie has been living in our community for a couple years now and is trained to offer both Zumba Fitness and Aqua Zumba classes. She is truly an energizer bunny! Come on out and give one of her classes a try!

Both Stefie and I are offering Zumba and Zumba Toning classes at the Clubhouse at 9:00am on most weekends. Please check the BML Facebook page for schedule updates. This summer, we are excited to offer Aqua Zumba at the Pool. Classes will be held every Saturday evening at 7:00pm. If you’re interested, please sign up at the BML Management Office.

These classes are offered to all BML residents who are in good standing. Please contact the BML Management Office with any questions. Thank you!

Zumba®

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We take the “work” out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba Fitness classes are often called exercise in disguise. Super effective? Check! Super fun? Check!

Benefits: A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Zumba® Toning

Perfect for those who want to party, but put extra emphasis on toning and sculpting to define those muscles!

How It Works: The challenge of adding resistance by using Zumba Toning Sticks (or light weights), helps you focus on specific muscle groups, so you (and your muscles) stay engaged.

Benefits: Lightweight maraca-like Toning Sticks enhances sense of rhythm and coordination, while toning target zones (arms, core and lower body).

Aqua Zumba®

Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine.

How It Works: Aqua Zumba blends the Zumba philosophy with water resistance, for one pool party you shouldn’t miss!

Benefits: There is less impact on your joints during an Aqua Zumba class so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles.



Our upgraded and improved boat launch area



Music by the Lake 2018 Summer Series



This is a FREE event.

[BML Issued Photo ID](#)

[Badges are required.](#)

Bring your lawn chairs or a blanket and enjoy the sounds of local musicians!

Hosted by: The Blue Mountain Lake Amenity/Event Committee and BMLC Board of Directors.



Saturday, June 16 7pm-10pm
Joe Franco



Saturday, July 14 7pm-10pm
Tom Riccobono



Saturday, August 18 7pm-10pm
Tom "T.C." Carpenter



Saturday, Sept. 15 7pm-10pm
TBD

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Saturday, July 21, 2018
Saturday, August 18, 2018
1:00pm to 4:00 pm at the BMLC Pool

Fun In The Sun!

We have two pool parties scheduled!

One on July 21 and one on August 18.

Come out from 1-4pm and enjoy music, dancing, competitions, games and prizes.

There will be something for everyone!

Hosted by the renowned "D.H. Productions Dip-N-Dance" DJ's. Every member of your family is SURE to have great time! And who knows what prizes you'll bring home!

This is a FREE event
BML issued photo ID badges required.



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BLUE MOUNTAIN LAKE CLUB

CONTACT INFORMATION

Operations Office 570-421-2129
FAX..... 570-420-7881
Public Safety Guardhouse570-420-9507
Public Safety cell phone..... 570-242-4504
Emergency (Police/Fire/Ambulance)9-1-1

COMMUNITY WEBSITE: www.bluemountainlakeclub.com

RESIDENT WEBSITE: www.bluemountainlake.org

Blue Mountain Lake Onsite Management Team

Laurie Gonzalez CMCA, AMS, PCAM; Community Manager
<laurieg@preferredmanagement.org>

Yvonne Teta, Assistant Community Manager
<yvonnet@preferredmanagement.org>

Greg Decker, Facilities Maintenance Manager
<bmlcmaint@preferredmanagement.org>

Senior Managing Partner

Amy Janiszewski, PCAM, CMCA, AMS
Preferred Management Associates, AAMC
PO Box 687, Moscow PA 18444 • 570-266-5190 x212

BOARD of DIRECTORS

President Steve Melnick
Vice President Michelle Pinnock-Harper
Secretary Vince Ricci
Treasurer Penny Welliver
Director Rob Temple
Director Odell Jones, Jr.
Director Claire Miller

BMLC Committees

Beautification
Budget & Finance
Design Review
Events
Safety
Amenities (Ad Hoc)

BMLC Clubs

Kids Club
Garden Club
Stitch & B_tch
Fitness & Wellness

*If you want information
on becoming a committee
member or joining a club,
please call the operations
office at 570-421-2129*

Blue Mountain Lake Club

Pool Area Rules

Approved by the Blue Mountain Lake Club Board of Directors

The Pool is now open daily through September 3, 2018.

Hours: 11:00am to 7:00pm daily (*weather and lifeguard staff permitting*)

- Photo/Barcode ID badges are required by all persons entering the Pool enclosure (Members and their Guests) each visit. Badges can be obtained at the BMLC Operations Office during normal business hours (9:00am-5:00pm M-F, 9:00am-1:00pm Sat).
- Only members in good standing will be allowed into the Pool enclosure.
- Homeowners must accompany their Guests within the Pool enclosure at all times.
- Persons under 15 years of age must be accompanied at all times by a parent or other adult 18 years of age or older.
- Swim only when Pool is open and lifeguards are on duty.
- NO running or diving.
- NO smoking or vaping within the Pool enclosure. Please use the designated area in front of the Clubhouse.
- Required attire for swimming consists of a bathing suit. A white T-shirt may be worn over your bathing suit. Street clothes are not permitted to be worn in the Pool.
- All children who are not potty trained must wear disposable swim diapers. Please use the diaper changing stations located in the Men’s and Women’s rooms. Please do not use the poolside tables to change diapers.
- All must shower before entering the water.
- NO profanity allowed in or around the Pool area.
- Sound/music producing devices may only be used with headphones.
- NO toys in Pool, except for certified P.F.D.s (Personal Flotation Devices).
- NO glass is allowed within the Pool enclosure.
- NO alcoholic beverages are allowed within the Pool enclosure, Clubhouse, or Patio during Pool Season.

Guests must be accompanied, at all times, by the member in good standing with whom they gained access. Please remember that owners are responsible for the actions of their guests and/or tenants.

Violators of these rules may be asked to leave. Multiple violations may result in loss of privileges and/or fines.

Electrical Wiring in Your Home

The materials and design of your home’s electrical system meet building codes to ensure your safety. If a switch or outlet is damaged, even a skilled do-it-yourselfer is wise to have a licensed electrician repair it. There is recourse should a problem arise afterwards.

The Electrical Safety Foundation International (ESFI, www.esfi.org) states “Home electrical fires account for an estimated 5,100 fires each year, nearly 500 deaths, more than 1,400 injuries, and \$1.3 billion in property damage.” Their website lists overloads and extension cords as major contributors to these statistics.

Modern devices, like phone chargers and laptops, do not require a lot of electricity. Overloading is generally associated with appliances having motors and heavy electrical draw, like corded vacuum cleaners, room air conditioners, refrigerators, power tools and hair dryers. Overload is possible when several small devices are plugged into one receptacle with a multi-outlet adapter. Indicators of overload are tripped circuit breakers or blown fuses, lights that flicker or dim, and warm or discolored wall plates.

Extension cords can become hot when used with appliances they are not rated for. There are extension cords made for appliances like refrigerators. A rule of thumb is the extension cord should not be smaller (or thinner) than what is plugged into it. They should never be run under carpets or be near water, such as a pet’s water dish. Power strips are a better alternative, especially those with built-in circuit breakers and if used for something permanent, like a lamp.

Additional caution should be exercised when portable gasoline generators are used during power outages (something we are all too familiar with). The generator’s wattage must be sufficient for what it will be running, and placed far enough for carbon monoxide to not enter the dwelling. Extension cords should be in good condition for outdoor use and heavy enough to handle the job.

All in all, you want to avoid a shocking experience or find out how quickly the local fire department can respond.



The Benefits of Walking

Walking is one of the easiest ways to exercise. You can do it almost anywhere and at any time. Walking is also inexpensive. All you need is a pair of comfortable shoes. Walking will:

- Give you more energy
- Make you feel good
- Help you relaxReduce stress
- Help you sleep better
- Tone your muscles
- Help control your appetite
- Increase the number of calories your body uses

\$23 Million in Closed Volume in 2017!



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Did you know:

- 14 homes are presently for sale in Blue Mountain Lake.
- 24 homes sold in Blue Mountain Lake year to date.
- The highest-priced home sold for \$268,000 year to date.
(Information provided through Pocono Mountain Assoc. of Realtors MLS Service)
- 93% of buyers start their search on the Internet.
- The average age of today's buyer is 33 years old.

The Market is HOT

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